## MEGG MILES CHALLENGE

**May 2024** 



## TOP TIPS

## We asked other civil servants to give us their top tips for promoting the Mega Miles Challenge

- Get sports and social clubs involved is there a running club, ramblers' group or social group you can link up with?
- Healthy competition goes a long way whether that's between different teams within a directorate, different directorates or even region vs region.
- Get people excited build it into team away days or team meetings.
- If possible utilise volunteering days to do a team walk could be one day, or even just an hour!
- Is there anything that can help incentivise sign ups? From an extra day of annual leave to a basket of goodies, everyone wants to be in it to win it!
- Build a community and build connection we are in it together and we are better **together**.



## WIN £500 VOUCHER!

As a special treat, if you sign up between the 15-30 April and use the promo code 'APRIL' when you sign up to be in with a chance of **WINNING £500** to spend in over 200 of the biggest and best loved UK brands across wellbeing, food, home, fashion and entertainment!

Join in for FREE

CFCS.ORG.UK/MEGAMILES

