



MEGA MILES

CHALLENGE

June 2026

One step closer to making sure no civil servant faces life's challenges alone.

Take part in our Mega Miles Challenge this June. Move your way and help turn miles into meaningful impact.

Supporting Partner



Sign up for **FREE**

CFCS.ORG.UK/MEGAMILES

**CHARITY
FOR CIVIL
SERVANTS**

The Charity for Civil Servants provides free help and support for life, from money worries and financial help to wellbeing and mental health support.

Every mile matters and every penny raised will help fellow civil servants when life feels overwhelming.

Hannah's anxiety became overwhelming after she faced bereavements and health worries. She reached out to us and we supported her, including giving her access to talking therapy via Thrive.



“I COULDN'T EVEN PUT INTO WORDS HOW TERRIBLE IT WAS. I WAS REALLY UNWELL BY THIS POINT AND STRESS JUST TOOK ME OUT. I ENDED UP TAKING TIME OFF WORK FROM ANXIETY. IT'S ABOUT HAVING SOMEONE TO LISTEN TO YOU AND TELL YOU YOU'RE GOING TO BE ALRIGHT”

Whether you raise **£10** or **£100**, you will be making a difference to colleagues who need our **help right now**.

Sign up for **FREE** today



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#MegaMiles26

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